

Get Social!

To register call 1-866-514-5774 or email us at wellness@commcare.ca



Grandpals

Introducing Grandpals!

A community-based intergenerational program that brings older adults and elementary school students together to build relationships through storytelling, conversation, and shared reflection.

2026-2027 School Year

Being offered in Campellford and Brighton locations

To register as a Grandparent or find out more information email s.gillespie@commcare.ca or call 1-866-514-5774 ext 105



The Buzz Women's Social Group

Last Monday of the month | 1:30-3:30pm
September to June

CCN Brighton Office

An afternoon filled with fun and conversations!



'Time for Us' Social Group

Thursdays | 1-3 pm
September to June

CCN Brighton Office

An afternoon of board games and socializing!



Men's Social Group

Thursdays | 10-11 am
September to June

CCN Brighton Office

Come together for friendship, conversation and community!