

June 2024



CommunityCare
NORTHUMBERLAND

May '24							July '24						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3	4						
5	6	7	8	9	10	11	7	8	9	10	11	12	13
12	13	14	15	16	17	18	14	15	16	17	18	19	20
19	20	21	22	23	24	25	21	22	23	24	25	26	27
26	27	28	29	30	31		28	29	30	31			

BRIGHTON SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3 10:00 Chair Yoga - CS	4 2:00 Chair Yoga - O 2:30 SCWW Fun Facts	5 10:00 Chair Yoga - CS 1:30 Chair Yoga - O	6 10:00 Men's Social Group - O 1:00 Time for Us	7 10:00 T'ai Chi - O 10:00 SCWW Trivia	8
9	10 10:00 Chair Yoga - CS 10:30 SCWW Bingo	11 2:00 Chair Yoga - O 2:30 SCWW Fun Facts	12 10:00 Chair Yoga - CS	13 10:00 Men's Social Group - O 1:00 Time for Us	14 10:00 T'ai Chi - O 10:00 SCWW Trivia	15
16	17 10:00 Chair Yoga - CS	18 2:00 Chair Yoga - O 2:30 SCWW Fun Facts	19 10:00 Chair Yoga - CS	20 10:00 Men's Social Group - O 1:00 Time for Us	21 10:00 T'ai Chi - O 10:00 SCWW Trivia 12:30 Flip & Drag Fluid Art Class - O	22
23	24 10:00 Chair Yoga - CS 10:30 SCWW Bingo	25 2:00 Chair Yoga - O 2:30 SCWW Fun Facts	26 10:00 Chair Yoga - CS	27 10:00 Men's Social Group - O 1:00 Time for Us	28 10:00 SCWW Trivia	29
30	1	<p>Notes</p> <p>Classes are subject to change due to instructor availability. To register please call 1-866-514-5774 or email wellness@commcare.ca.</p> <p>Local Legend - ENSS (E) Brighton YMCA (Y) Community Care Office (O) Codrington Community Centre (CC) Castleton Town Hall (CS)</p> <p>Calendar Templates by Vertex42 https://www.vertex42.com/calendars/</p>				