

## COMMUNITY WORKSHOPS

### Palette Knife Painting

Please join us and bring out your creativity with this acrylic palette knife project on canvas. Artist and teacher, Rachel Harbour will help you discover and explore your own artistic style. Please bring your own palette knife if you have one and all other materials are supplied.

**Thursday - January 25, 2018**

**9am-12pm Fee: \$10.00**

**Location: Forrest Dennis Senior Citizens Centre, Campbellford**



### Paper Crafting

Enjoy an evening out and learn how to create lovely paper crafts that you will be delighted to share with friends and family. The workshop is designed for any level of crafter with lots of instruction and in-class help from our very talented instructor Christine Bowman.

**Thursday - February 8, 2018**

**6-8pm Fee: \$10.00**

**Location: Forrest Dennis Senior Citizens Centre, Campbellford**



### Cooking with Herbs

Herbs are a wonderful edible addition to your culinary creations. Come out and discover herbs with Tina. Herbs are easy to grow and preserve, you will learn different ways to preserve your favourite herbs and to make different combinations in a short time. Get inspired for your summertime herb garden.

**Thursday - February 15, 2018**

**10am-12pm Fee: \$10.00**

**Location: Forrest Dennis Senior Citizens Centre, Campbellford**

### Acrylic Painting

Please join us and bring out your creativity with this acrylic art project on canvas. Artist and teacher, Rachel Harbour will help you discover and explore your own artistic style. Please bring your own artist brushes if you have any and all other materials are supplied.

**Thursday - February 22, 2018**

**9am-12pm Fee: \$10.00**

**Location: Hastings Civic Centre Hall, Hastings**

**Thursday - February 1, 2018**

**9am-12pm Fee: \$10.00**

**Location: Masonic Hall  
13944 Cty Rd 29, Warkworth**

This project is funded by  
the Government of Canada.



**Space is limited, please pre-register in person, by phone or e-mail:**

- In Person Register at the CCN office in Campbellford: 174 Oliver Rd., Campbellford
- By phone: Call CCN's Campbellford - 705-653 1411
- By e.mail: [g.ellis@commcare.ca](mailto:g.ellis@commcare.ca) (Classes may be cancelled due to low enrollment)



# COMMUNITY WORKSHOPS

## Lino Printing

Please join Jillian Roos-Markowitz in this beginner's lino printing workshop. An exciting way to make prints for all levels of the creative artist within us! Cutting on soft easy cut linoleum, we will quickly produce striking original images. Images are then inked with brightly coloured water based inks, and printed on a variety of papers and fabric. Experience printing with its joyous unexpected happenings! All materials are supplied.

**Thursday - March 8, 2018**

**9am-12pm Fee: \$15.00**

**Location: Hastings Civic Centre Hall, Hastings**

## Crepes and More

Elegant or casual, savoury or sweet, complicated or easy, crepes can be all of that. Dorothy Fletcher will show you how to make a basic crepe which can be filled with many delicious fillings. Continuing on a French theme, you'll also learn an easy recipe for Onion Soup, the famous dessert Crème Caramel and more. A taste of everything and all the recipes to take home will complete the evening.

**Thursday - March 22, 2018**

**6-8pm Fee: \$10.00**

**Location: Forrest Dennis Senior Citizens Centre, Campbellford**

## Impressionistic Landscapes in Acrylic

Artist Bob Pennycook's work explores colour and shape relationships in the landscape. His approach is to create narrative landscapes using simple lines and form. Please join us in this step by step class and bring out your creativity with acrylic on canvas. All materials are supplied.

**Thursday - March 29, 2018**

**9am-12pm Fee: \$10.00**

**Location: Forrest Dennis Senior Citizens Centre, Campbellford**



## Gentle Chair Yoga Classes

Improve your strength, flexibility, mobility and utilizing breath to leave you feeling relaxed and re-energized. This class is specially adapted for seniors (55+) at any level of fitness and health.

### CAMPBELLFORD

**Tuesdays: 9:15am to 10:00am**

**Date: January 23 to March 28, 2018**

**Fee: \$40 (10 Classes)**

**Location: Forrest Dennis Senior Citizens Centre, 55 Grand Road Campbellford**

### WARKWORTH

**Mondays: 10:00am to 10:45am**

**Date: January 22 to March 27, 2018**

**Fee: \$36 (9 Classes – No class February 19, 2018)**

**Location: Masonic Hall 13944 Cty Rd 29, Warkworth**

This project is funded by the Government of Canada.



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