

APRIL 10, 2019 6-8pm PAPER CRAFTING CCN'S Activity Room – Brighton \$12.00

Enjoy an evening out and learn how to create your own shaker greeting cards that you will be delighted to share with friends and family. The workshop is designed for any level of crafter with lots of instruction and in-class help from our very talented instructor Christine Bowman.

APRIL 17, 2019 1-3pm JOURNAL WRITING CCN'S Activity Room – Brighton \$12.00

Childhood memories are telling about who we are. In this workshop, Cathy Ireland, makes journaling easy and fun. She will share from a journal guide that she wrote a few years ago, introducing a variety of writing topics, designed to inspire reflection, writing and sharing. Participants will be encouraged to explore more fully the lesson's learned or the moral of the story coming now from their adult perspective. This is a workshop you won't want to miss!

APRIL 17, 2019 6-8pm A WORLD OF SOUPS CCN'S Activity Room – Brighton \$12.00

Whatever the weather, soup always hits the spot. Join Dorothy Fletcher as she offers five soup recipes both familiar and new. Some are a nice way to begin a larger meal and some are a meal in themselves. Plus, you'll learn how to make stock, the foundation of good soup. You'll taste them all, take home the recipes and be able to share with family and friends.

APRIL 24, 2019 1-4pm WATERCOLOUR PENCILS CCN'S Activity Room – Brighton \$12.00

Watercolour pencils are light, quick and versatile to use. Rachel Harbour provides step-by-step instruction on the use of watercolour pencils, using simple watercolour techniques. If you can bring your own artists brushes if have them at home, all other supplies will be provided.

MAY 1, 2019 1-4pm PENCIL & INK LANDSCAPE CCN'S Activity Room – Brighton \$15.00

Get inspired and discover your inner-artist. Learn how to sketch a landscape in pencil and how to add fine ink highlights to your scene, with step-by-step guidance from Artist Peggy Goslin. All levels welcome.

MAY 8, 2019 6-8pm GERMAN COOKING CCN'S Activity Room – Brighton \$12.00

Comfort food to the max! A German meal generously served is rich and delicious and sometimes just what you need. In this workshop, Dorothy Fletcher brings you all you need to know to cook and serve traditional German food such as Beef Rouladen, Warm Potato Salad, Red Cabbage and, of course, that glorious dessert, Black Forest Cake. Plus, you'll have all the recipes to take home. You'll be saying *das schmeckt gut!*

MAY 15, 2019 1-4pm HAND FORMED POTTERY CCN'S Activity Room – Brighton \$25.00

Come and try your hand at pottery! We will make a mini coil birdhouse in clay using hand building techniques and then apply underglazes to colour it. This will be taken away to be fired, then a clear glaze added and re-fired. Turnaround time will be 3-4 weeks. Instructor: Melanie Horner



**BRIGHTON-WELLNESS SCHEDULE
APRIL-JUNE 2019
COMMUNITY WORKSHOPS**

MAY 22, 2019 1-4pm ACRYLIC ART CCN'S Activity Room – Brighton \$15.00

Jan Zeldenrust will be teaching an acrylic design. Jan studied fine art and commercial art majoring in graphic design and has been a painting instructor for 20 years. She encourages her students to develop their creativity and broaden their acrylic painting skills. All materials supplied.

MAY 22, 2019 6-8pm PAPER CRAFTING CCN'S Activity Room – Brighton \$12.00

Enjoy an evening out and learn how to create a masculine theme greeting card and treat holder that you will be delighted to share with friends and family. The workshop is designed for any level of crafter with lots of instruction and in-class help from our very talented instructor Christine Bowman.

MAY 29, 2019 1-4pm WIRE/ BEAD SUNCATCHER CCN'S Activity Room – Brighton \$15.00

Invite a little sunshine into your life with this suncatcher workshop, hang it in your window to reflect the colours! Join Rachel Harbour as she teaches you how to work with wire and beads to create a tree of life suncatcher.

JUNE 5, 2019 6-8pm CELEBRATE LOCAL FOOD CCN'S Activity Room – Brighton \$12.00

This workshop, held right in the middle of Local Food Week, promises to be a celebration of all that is fresh and local. Come and see what Dorothy Fletcher will find to cook at the Markets and Farm Gates all around us on the days before the workshop. There may be some surprises but you can be sure to be inspired for the season ahead. Take the recipes with you and you'll be enjoying them all summer.

JUNE 12, 2019 3-6pm ACRYLIC ART CCN'S Activity Room – Brighton \$15.00

Please join us and bring out your creativity with this acrylic art project. The very talented Artist and teacher, Rachel Harbour will help you discover and explore your own artistic style. Please bring your own artist brushes if you have any and all other materials are supplied.

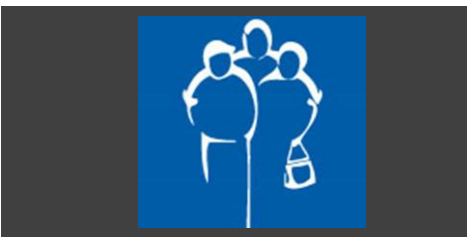
JUNE 19, 2019 1-4pm WOOD SIGN MAKING CCN'S Activity Room – Brighton \$20.00

Bring your creativity and roll up your sleeves to transform unfinished wood into a beautiful personalized work of art. In the workshop we teach you artistic methods to give your wood sign the look of antiqued reclaimed wood. We provide all the materials needed to create your project to display and decorate in your home.

JUNE 26, 2019 1-4pm IMPRESSIONISTIC ACRYLIC CCN'S Activity Room – Brighton \$15.00

Artist Bob Pennycook's work explores colour and shape relationships in the landscape. His approach is to create narrative landscapes using simple lines and form. Please join us in this step by step class and bring out your creativity with acrylic on canvas. Please bring your own artist brushes if you have any and all other materials are supplied.

Space is limited, pre-register
Office Hours
Monday-Friday 8:30am-4:00pm
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