



## Social Groups

We have social groups operating throughout Northumberland County.

### Men's and Ladies Groups:

These Men's and Ladies' social groups are causal coffee groups designed to bring senior men and senior women together for conversation and fellowship. Occasionally guest speakers or special trips are organized.

Community	Men's or Ladies	Location	Date	Time	For more information, please contact
Brighton	Ladies Group – "The Buzz"	CCN's Activity Room in Brighton	2 <sup>nd</sup> and Last Tuesday of each month	1:30 pm – 2:30 pm	Ann – (613)475-4190
Brighton	Men's Group (Free)	CCN's Activity Room in Brighton	Thursdays	10:00 am – 11:30 am	Ann – (613)475-4190
Colborne	Ladies' Group (Free)	CCN's Activity Room in Colborne	Tuesdays	1:00 pm – 3:00pm	Maretta – (905)885-9860
Colborne	Men's Group (Free)	CCN's Activity Room in Colborne	Tuesdays	10:00 am – 11:30 am	Maretta – (905)885-9860
Campbellford	Men's Group (Free)	CCN's Activity Room in Campbellford	Every second Friday	2:00 pm – 3:00 pm	Linda – (705) 653-1411
Port Hope	Ladies' Group (Free)	Rose Glen Village	Every Tuesdays	10:30 am- 11:30 am	Patricia – (905)885-9860
Port Hope	Men's Group (Free)		TBA		Patricia – (905)885-9860

### Other Social Groups:

Community	Name of Group	Location	Date	Time	For more information, please contact
Brighton	Time For Us (Cards) (Free)	CCN's Activity Room in Brighton	Thursdays	1:00 pm – 3:00 pm	Heather – (613)475-4190

Brighton	Indoor Walking Club** (Fee: \$5.00)	East Northumberland Secondary School	Mondays to Thursdays:	6:00 pm - 8:00 pm.	Gail - (613)475-4190
Hastings	Line Dancing** (Fee: \$4.00 per class)	Civic Centre	Wednesdays	10:00 am – 11:00 am	Sarah – (705) 696-3891
Hastings	Knitting Club (Free)	Civic Centre	Thursdays	1:00pm – 3:00pm	Sarah – (705) 696-3891

\*\* Fees for participation of this group



**“Giving Strength Through Caring”**

[www.commcare.ca](http://www.commcare.ca)

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