

# Community Care Northumberland

## Do You Need Some Help Around the House?

January 24<sup>th</sup>, 2019 (Colborne)

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Are you a senior or recovering from an injury and need some help looking after your home? There is a Home Help & Maintenance program available to the residents of Cramahe Township that may be of assistance and it is provided by Community Care Northumberland's brokered workers.

Home Help brokered workers do not help with your personal care but instead focus on indoor tasks such as meal preparation, laundry, changing beds, dusting, floor mopping, ironing, vacuuming, and general cleaning and tidying. The hourly rate is set at the reasonable rate of \$15.00 per hour.

For those who need help with some outdoor tasks, such as yard work, snow removal or heavier house cleaning duties like wall washing and window cleaning, Community Care Northumberland has Home Maintenance brokered workers ready to tackle these jobs too. The fees for these services are negotiated between you and the Home Maintenance brokered worker before the job begins so there are no surprises.

Being able to stay in your own home is preferable to moving to an assisted living facility and it is much easier to recuperate at home after an injury when you don't have the stress of seeing day-to-day tasks pile up.

Community Care Northumberland is there to help. Call their Colborne office today, 905-355-2989 and find out if their Home Help & Maintenance service can help you manage some household tasks.

For more information, media please contact:

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