



CANADA

# Community Support Services

Issue #1 | April 22, 2016

## ADULT DAY PROGRAM IN Port Hope

VON is pleased to announce that it will be opening an Adult Day Program two days each week at Port Hope Community Health Centre with the support of funding provided by the Central East Local Health Integration Network (Central East LHIN). The Adult Day Program will serve older adults in the community who need special support to remain living at home. This might include individuals who are living with the effects of a stroke, those who are frail or isolated due to mobility issues, individuals with chronic health conditions such as heart disease or diabetes and those with Alzheimer Disease or related dementia. Day Centre participants are able to take part in therapeutic social and recreational activities designed specifically for their interests and abilities while their family caregivers receive a much needed respite break for the day. A hot meal is provided at noon.

## 8 Adult Day Program Locations to choose from... With space available at each location!

### Port Hope Senior Social Club

Port Hope Community Health Centre  
99 Toronto Road  
Port Hope, ON L1A 3S4  
Second floor community room  
Open Tues. and Fri.

### Cobourg Senior Social Club

271 Spring St  
Cobourg, ON  
K9A 3K3  
Open Mon. to Fri.

### Campbellford Senior Social Club

Campbellford Memorial  
Multicare Lodge  
174 Oliver Rd  
Campbellford ON K0L 1L0  
Main Floor Lodge/Activity Room  
Open Wed. and Fri.

### Havelock Senior Social Club

Havelock Community Centre  
39 George St E  
Havelock, ON K0L 1Z0  
Lion's Club meeting room- main floor  
Open Tues, Wed, Thurs.

### Lakefield Senior Social Club

135 Queen St Unit # 104  
Lakefield, ON  
K0L 2H0  
Open Mon. to Fri.

### Curve Lake Senior Social Club

Curve Lake Seniors Center  
26 Nibgishmoog St  
Curve Lake K0L 1R0  
Open Tues and Thurs.

### Peterborough Square Senior Social Club

Peterborough Square  
Lower level  
360 George St N Unit # 25  
Peterborough, ON  
K9H 7E7  
Open Mon to Fri.

### Woodland Senior Social Club

1545 Monaghan Rd  
Peterborough, ON  
K9J 5N3  
Open Mon. to Sun.

For information on how to be referred to one of our Social Clubs please call 704-745-0188 or 1-866-654-9638 ext 6423 or ext 6443