



**CommunityCare**  
NORTHUMBERLAND

# Trent Hills Workshop Schedule Winter 2026



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Join us!



1-866-514-5774

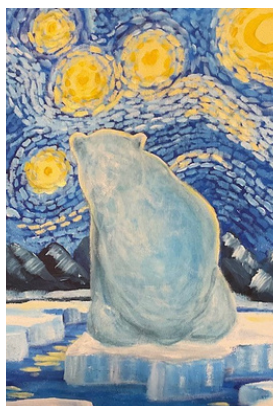


wellness@commcare.ca



www.commcare.ca

## Polar Bear Star Gazing Campbellford Rotary Hall



Let's paint with Elizabeth Nanninga! Capture the beauty of the North with this guided Polar Bear Star Gazing painting workshop. Please bring indoor shoes.

Thursday, January 29  
10:30-1 p.m.  
\$25/person

## Highland Cows Campbellford Rotary Hall



Let's paint with Elizabeth Nanninga! Experience the coziness of spring in this guided Highland Cows painting workshop. Please bring indoor shoes.

Thursday, March 26  
10:30-1 p.m.  
\$25/person

## Heart Pendant Pour Campbellford Rotary Hall



Join us for a fun heart pendant-making workshop! Learn how to create your own custom heart necklace pendant, just in time for Valentines Day! No experience required – just bring your ideas! All materials are included. Please bring indoor shoes.

Monday, February 9  
10-12 p.m.  
\$15/person

## Important Update:

*All workshops and exercise classes will require prepayment at the time of registration. Payments can be made by cash, cheque, or credit card, and will be processed one week before the session start. After this time, payments are non-refundable. If a session is cancelled, all payments will be returned. Thank you for your understanding and continued support. For any questions, please contact the Wellness Team.*

## Paint & Plate

St. Andrew's Presbyterian Church



You are invited to Paint & Plate with CCN. Join us for a lovely lunch followed by a guided Mountain View art workshop with Elizabeth Nanninga! All supplies included. RSVP wellness@commcare.ca or call 1-866-514-5774.

Thursday, February 26  
12 p.m. Lunch with Painting to follow at 1 p.m.  
\$25/person  
(\$13.00 for workshop & \$12.00 for lunch)