



## Social Groups

We have social groups operating throughout Northumberland County. Men's and Ladies Groups: These Men's and Ladies' social groups are casual coffee groups designed to bring senior men and senior women together for conversation and fellowship. Occasionally guest speakers or special trips are organized. \*

### Men and Ladies' Social Groups:

Community	Men's or Ladies	Location	Date	Time	For more information, please contact
Brighton	Men's Group*	CCN's Activity Room in Brighton	Thursdays	10:00 am – 11:30 am	Heather – (613)475-4190
Brighton	"The Buzz": Ladies Group*	CCN's Activity Room in Brighton	Last Tuesdays of each month	1:30 pm – 2:30 pm	Heather – (613)475-4190
Cobourg	Ladies Group	Halycon Place	Wednesdays	2:00 pm – 3:00 pm	Patti – (905)372-7356
Cobourg	Men's Group	Cobourg Retirement Residence	Thursdays	1:00 pm – 2:00 pm	Patti – (905)372-7356
Colborne	Ladies' Group	CCN's Activity Room in Colborne	Tuesdays	1:00 pm – 3:00pm	Maretta – (905)355-2989
Colborne	Men's Group*	CCN's Activity Room in Colborne	Tuesdays	10:00 am – 11:30 am	Maretta – (905)355-2989
Campbellford	Men's Group	CCN's Activity Room in Campbellford	Every second Friday	2:00 pm – 3:00 pm	Linda – (705) 653-1411
Port Hope	Ladies' Group	Rose Glen Village	Tuesdays	10:30 am – 11:30 am	Patricia – (905)885-9860
Port Hope	Men's Group	TBA	TBA	TBA	Patricia – (905)885-9860

*\*These social groups are free to participate in but sometimes participants donate \$2.00 a meeting to help offset the cost of coffee and goodies.*

**Other Social Groups:**

<b>Community</b>	<b>Group Name</b>	<b>Location</b>	<b>Date</b>	<b>Time</b>	<b>For more information, please contact</b>
Brighton	Time For Us (Cards and Games)*	CCN's Activity Room in Brighton	Thursdays	1:00 pm – 3:00 pm	Heather – (613)475-4190
Brighton	Indoor Walking Club (Fee: \$5.00)	East Northumberland Secondary School	Mondays to Thursdays	6:00 pm - 8:00 pm	Gail - (613)475-4190
Hastings	Hastings Line Dancing** (Fee: \$4.00 per class)	Civic Centre	Wednesdays	10:00 am – 11:00 am	
Hastings	Hastings Knitting Club (Free)	Civic Centre	Thursdays	1:00pm – 3:00pm	Sarah or Linda – (705) 696-3891



**“Giving Strength Through Caring”**

[www.commcare.ca](http://www.commcare.ca)

*Updated –December 2017*