



What's "The Buzz"?

October 17th, 2017 (Brighton)

Community Care Northumberland (CCN) is pleased to announce that it is launching a new interactive social group for ladies called "The Buzz" in Brighton, Ontario.

CCN organizes both men and women's social groups throughout Northumberland County. These are casual coffee groups designed to bring seniors together for conversation and fellowship. Occasionally guest speakers or special trips are organized.

"This new ladies social group is a wonderful opportunity to meet people in your community," said Trish Baird- Executive Director of CCN. "As we get older, we can get too isolated, laughter and connecting with friends is important, it keeps us young at heart."

For more information about or to register for The Buzz, please contact Heather at the Community Care Northumberland office in Brighton by phone (613)475-4190 or email h.quinn@commcare.ca.

Ladies Social Group Summary:

Title: The Buzz

Dates: Last Tuesday of each month, starting October 31st, 2017

Time: 1:30-2:30 pm

Location: CCN's Activity Room

Address: 46 Prince Edward Street, Unit #13 – Brighton, Ontario, K0K 1H0

Cost: \$2.00 a meeting (to offset the cost of coffee and snacks)

Pre- Register: Please call Heather (613) 475-4190 or email h.quinn@commcare.ca

For more information about this or other social groups offered by Community Care Northumberland, please visit www.commcare.ca/wellness.html

Media Contacts:

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