

## March for Meals in Hastings

March 27<sup>th</sup>, 2019 (Trent Hills)

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Our month-long, county-wide “March for Meals” initiative moved into the Trent Hills area, starting in Hastings on March 27th, with the help from the Trent Hills Fire Department.

With this initiative, we are promoting our hot and frozen Meals on Wheels program to the public. During the month of March, agencies across North America like CCN are celebrating the value of the Meals on Wheels programs.



Pictured from the Trent Hills Fire Department: Allison Gratton, Brian Buchannan, Karen Vogel and Jessie Collings delivering Meals on Wheels to Hastings residents and checking their fire alarms.

On Wednesday, Hastings volunteers pick up the hot prepared Meals on Wheels insulated bags at Banjo’s Grill and deliver them to clients on a pre-planned route during the noon hour. The pre-planned route of stops takes no longer than 1 hour.

Last year, with the help of local volunteers over 7,266 hot and frozen meals were delivered throughout the Municipality of Trent Hills. “I want to thank the Trent Hills Fire Department for joining us during our March for Meals initiative. Their involvement will help us raise the profile of this program and if you know someone who would benefit from receiving Meals on Wheels in Trent Hills, we urge you to have them call us for more details.”

On the menu today: chicken with peas and carrots and a large chocolate chip cookie for dessert, all for \$6.00. Frozen meal options are also available.

For additional program information about Meals on Wheels visit [www.commcare.ca/mow.html](http://www.commcare.ca/mow.html), please contact CCN's Hastings office at (705)696-3891.

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