

Community Care Northumberland

Encouraging Volunteerism During “March for Meals” Initiative

March 8th, 2018 (Brighton)

Community Care Northumberland (CCN) is pleased to announce its participation in the North American 2018 March for Meals Initiative in Brighton and throughout Northumberland County.

As part of the month long initiative, Mayor Mark Walas (pictured 3rd from right) joined with volunteers in Brighton on March 8th, delivering hot meals to local Meals on Wheels clients.



“We are hoping this initiative will bring attention to our need for Meals on Wheels volunteers,” said Trish Baird – Executive Director of CCN. “The Meals on Wheels program is growing and without volunteers we will be forced to cap service because we simply cannot keep up with the demand.”

In Brighton, volunteers pick up the hot meals that are packed into insulated Meals on Wheels bags at Trinity St. Andrew’s United Church and deliver them to clients on a pre-planned route during the noon hour. The pre-planned route of stops takes no longer than 1 hour. When the route is completed, the volunteers return the bags to the church.

CCN is also looking for volunteers to help prepare and pack meals in the kitchen.



Last year, with the help of local volunteers, over 5,000 hot and frozen meals were delivered throughout the Municipality of Brighton. This is part of the over 26,000 total meals delivered throughout Northumberland County.

“Though the food is welcome, sometimes the human contact matters even more,” said Baird. “For some of our clients, socialization isn't just a perk of the program; it's a life-saver.”

“I want to thank Mayor Mark Walas for his participation in this year's March for Meals initiative to raise awareness for the need of Meals on Wheels volunteers in this area of the County,” she added.

For additional program information or to volunteer as a Meal on Wheels volunteer, please contact Community Care Northumberland's Brighton office at (613)475-4190 or brighton@commcare.ca

Media Contacts:

Leiann Peart
Program Coordinator – Brighton/Colborne
Community Care Northumberland
Phone: (613)475-4190
Email: l.peart@commcare.ca

Trish Baird
Executive Director
Community Care Northumberland
Phone: (866)514-5774
Email: t.baird@commcare.ca



“Giving Strength Through Caring”

www.commcare.ca