

Want to make new friends this year?

March 5th, 2018 (Campbellford)

Community Care Northumberland (CCN) organizes a social group for men in Trent Hills. This is a casual coffee group designed to bring senior men together for conversation and fellowship. Occasionally guest speakers or special trips are organized.

When current members were asked what it is they enjoy about this group, the main reason was just a chance to talk to others. Other client quotes include:

- "I like to keep busy and coming to the Men's group is something different and gives me an opportunity to hear other opinions and have a good laugh."
- "I live alone and this gives me a chance to get out and talk to others."
- "It's a nice group of fellas, we always have a good laugh and the coffee and cookies are always a treat."



(L-R) Doug Free – Age 86, Perly Terry – Age 90, Doug Hagerman – Age 86

The group welcomes new members, there is no charge and attendance is flexible. To learn more about the Men's Group, please call Linda Ryan at 705-653-1411.

Campbellford	Men	Every second Friday 2:00 pm at the CCN office in Campbellford	Linda Ryan – (705)653-1411
--------------	-----	---	----------------------------

For more information about these social programs, please contact your local Community Care Northumberland office or visit www.commcare.ca/wellness.html

Media Contact

Linda Ryan
Program Assistant - Trent Hills
Community Care Northumberland
Phone: (705)653-1411
Email: l.ryan@commcare.ca

Trish Baird
Executive Director
Community Care Northumberland
(705)653-0955
Email: t.baird@commcare.ca



"Giving Strength Through Caring"

www.commcare.ca