

Community Care

Northumberland

Delicious, nutritious meals are available for a small fee to individuals who cannot cook for themselves or easily shop for groceries. Volunteers deliver meals to client's home during the noon hour. Clients in Northumberland County** can order hot or frozen meals, and special diets can be accommodated. Potential clients must register for this service.

| Community | Hot Meals | Frozen Meals | For more information |
|--------------------|------------------------------------------------------------------------------------------------------------|------------------------------------------------------|------------------------|
| Brighton | Entrée \$6.00 Includes: Soup, Roll, Protein, starch and 2 vegetables and dessert | Entrée - \$5.00 Soup - \$1.75 Dessert - \$1.75 | Heather – 613-475-4190 |
| Cobourg | Entrée \$6.00 Includes: Soup, Roll, Protein, starch, vegetable and dessert | Entrée - \$5.00 Soup - \$1.75 Dessert - \$1.75 | Patti – 905-372-7356 |
| Colborne | Entrée \$6.00 Includes: Soup or salad, Roll, Protein, starch, vegetable and dessert | Entrée - \$5.00 Soup - \$1.75 Dessert - \$1.75 | Maretta – 905-355-2989 |
| Port Hope | TBA | | |
| Trent Hills | Campbellford: Entrée \$6.00 Includes: Soup, Roll, Protein, starch, 2 vegetables and dessert | Entrée - \$5.00 | Sarah – 705-653-1411 |
| | Hastings: Entrée \$6.00 Includes: Soup or Salad, Roll, Protein, starch, vegetable and dessert | Entrée - \$5.00 | Sarah – 705-696-3891 |
| | Warkworth: Entrée \$6.00 Includes: Soup or Salad, entrée and dessert | Entrée - \$5.00 | Linda – 705-875-7654 |



“Giving Strength Through Caring”

www.commcare.ca