

**Want to participate?
Need more information?**

We have 6 offices in Northumberland County. Please call your local office for more details about this year's Move for what Matters.

Visit: Our Facebook Page or

www.commcare.ca/moveforwhatmatters.html

OFFICE LOCATIONS

Brighton
46 Prince Edward St.
Unit #13
Box 561
Brighton, ON
K0K 1H0

(613) 475-4190

Colborne
11 King St.E.
Box 33
Colborne, ON
K0K 1S0

(905) 355-2989

Trent Hills
174 Oliver Rd.
Box 1087
Campbellford, ON

(705) 653-1411

Hastings
6 Albert St. E.
Box 549
Hastings, ON

(705) 696-3891

Cobourg
1005 Elgin St. W.
Suite 203
Cobourg, ON

(905) 372-7356

Port Hope
151 Rose Glen Road
Suite A
Port Hope, ON

(905) 885-9860

www.commcare.ca

"Giving Strength Through Caring"



**Memorial Park,
Main Street, Brighton**

1 km or 5 km

10:00 -11:00 am Registration

11:00 am Opening Ceremony

11:15 am Warm-Up

11:30 am "Move for What Matters" walk begins

12:30 pm Closing Ceremony

1:30 pm BBQ & Music Finish

Pre-Register at a Local Office

Our local offices will be accepting pledge forms and pledges from April 3rd to April 26th, 2017.

BBQ

A BBQ will be offered on site this year. The cost will be \$5.00 for a hamburger or hot dog and pop.

All money raised will support the visiting Hospice Palliative Care program.

Community Care
Northumberland

"Move For What Matters"



PLEASE JOIN US!

Sunday, May 7th, 2017

People across Canada are on the move as they celebrate the start of Hospice Palliative Care week by gathering pledges and participating in events to raise awareness for hospice palliative care programs in their local communities.

In Northumberland County trained volunteers with our visiting Hospice Palliative Care Program provide physical, psychosocial, spiritual, and practical support to people living with life-threatening illness and their loved ones.

